

Reuben's Retreat Ltd

Annual Report and Accounts

For the financial year
ended 30th November 2022



A place to relax,
recharge, remember
and rebuild

Charity Registration No. 1150436
Company Registration No. 08292532



Since our 2012 launch 38% of our fundraised income has been spent on our ambitious 10 phase £multi-million-pound renovation plan. We have now completed 6 phases and in 2021 completed and opened our activity wing including hydro and sensory.

The more we raise the more we renovate, and the more families we are able to reach.

Eventually our vision will be complete and house 4 self-catering suites for families to holiday here.

To date and despite our Retreat not being finished, we have supported over 1600 individuals UK wide.

Reuben's Retreat Annual Report and Accounts

For the financial year ended 30th November 2022

The financial statements have been prepared in accordance with the accounting policies and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1st January 2016).

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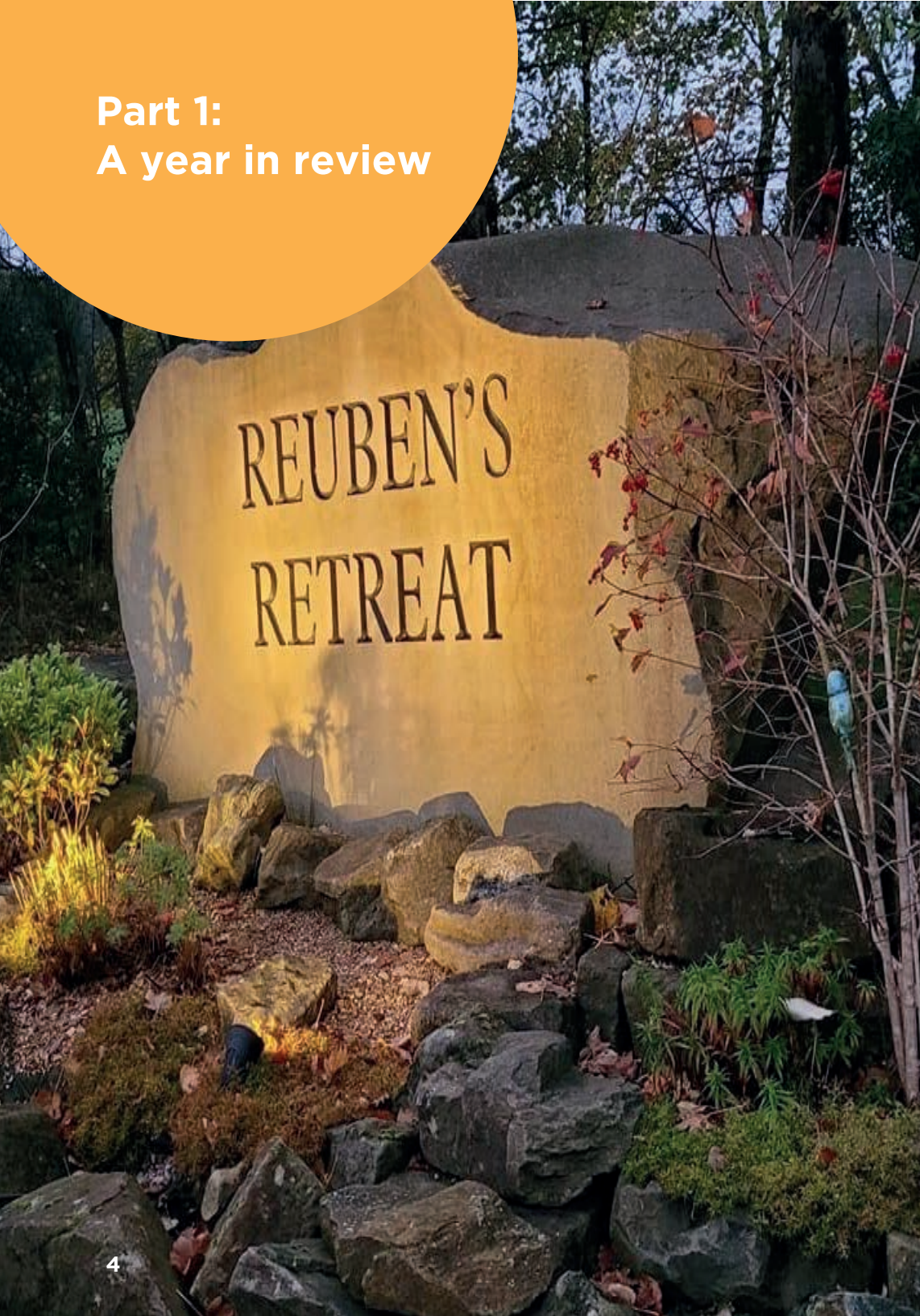
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Part 1: A year in review



Part 1: A year in review

A letter from Mummy

December 2021 saw us continue with Dolly's training alongside Nicola from Contented canines. As a member of the association of pet dog trainers, this would see Dolly achieve her next good companion award. We then paused Dolly's training for a while, as I needed her support as a I trained to climb the highest mountain in North Africa, for a very special occasion.

We celebrated the official opening of our "movie room" with together for cinema and on Christmas Eve we released doves with our RR families in memory of their precious children.

As we embarked on 2022, our family service delivery and support went from strength to strength. Many giggles and much fun could be heard in the distance on the corridors of our amazing wing.

Memories were being made and our vision was being realised. More work to be done, we attended the launch of Celebrity's new ship "Beyond", caught up with industry colleagues and spread the news of our work. We were also beyond delighted to be gifted 5 cabins for our Reuben families, an opportunity for them to test what going away would feel like, in their new lives.

Our annual Manchester 10k was another big hit, as we celebrated 10 years of RR. With a very special little face crossing the finish line with her beautiful family.

Professionals visited, and our relationships strengthened with children's hospices, nursing teams, bereavement workers, schools, hospitals and health professionals. We also linked up to work on collaborative projects too.

We networked at conferences, events, award ceremonies and seminars and continued our many bonds with the amazing travel industry, especially our key partners and supporters.

We danced and celebrated 10 years at our annual #REUBall and shared messages from many well known faces including Suranne Jones, Bradley Walsh, Jodie Whittaker and Rose Ayling-Ellis.

I conquered Mount Toubkal at 4167m tall, with the most amazing hearts, scattered the ashes of a dear friend and sang Happy birthday to my darling boy.

All the while, the remainder of our building was being stripped back to bare brick to be interrogated.

It had been another awesome year of love, miss, compassion, giving, sharing, supporting, thanking and walking with families on #Reubensjourney.

Nicola
—♡—



Our story

Each life, no matter how brief, can change the world

Our journey begins in 2012...

Reuben passed away on the 21st of August 2012 from a brain tumour whilst on a family holiday in Devon.

His mummy promised him that his life would not be in vain and she would build a legacy in his name.

After all, each life, no matter how brief, can change a little part of our world.

The family were committed to donating Reuben's organs, to save others. Unable to do this, his mummy created something special, and just 2 days after losing Reuben, 'Reuben's Retreat' was born.

It was to be a sanctuary, a place where families with complexly poorly children could holiday, a place of comfort, peace and tranquillity, a place where fun and memories could be made.

The family had the opportunity to make fantastic and beautiful memories with Reuben in his short life and wanted to gift this opportunity to others.

Later, when planning Reuben's memorial, it was decided that the charity would also support families after the loss of a child.

Find out more at: reubensretreat.org/reubens-story



Our vision & mission



We remain stalwart in our vision and mission and promise to walk with families for as long as they need us.

As a small charity, we promise to always tailor-make a bespoke package of care for each individual family and their needs.

MISSION

To relieve the distress of families who have suffered the loss of a child or have a child suffering from a complex illness.

VISION

Walking side-by-side, offering emotional and practical support to families of child loss or those that have a child who is complexly poorly and may face an uncertain future. Enabling them to create memories cocooned in the sanctuary of Reuben's Retreat underpinned by our army of love and compassionate hearts.

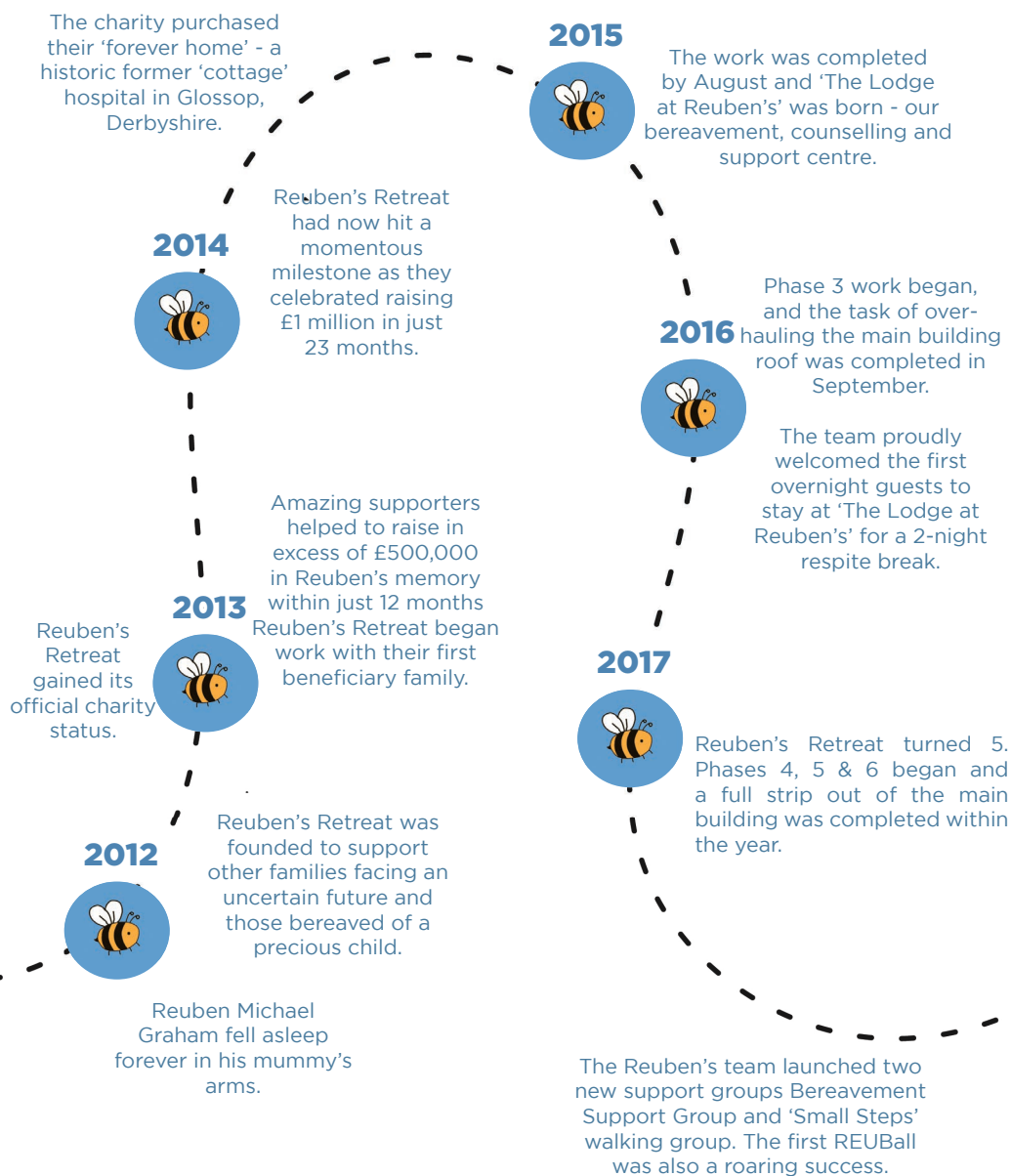
LEGACY

'A place to Relax, Recharge, Remember, Rebuild, built on an army of love and compassion'.

Here are just a few of the services we provide:

- Peer Support
- Holistic Wellbeing
- Memory-making Activities
- Family Fun Days & Seasonal Parties
- Counselling & 1:1 Therapy
- Bereavement Resources
- Outdoor Activities
- Sibling Support

Our timeline



The small HQ team grew to a team of 7.

Renovation plans continued as a building partner was confirmed to transform the 'west wing'

2018

2019

Phases 4,5 and 6 continued as the official build started.

A Senior Fundraiser joined the HQ team to strengthen corporate relationships, run events and apply for grants.

The charity team grew to a team of 10. Amidst the global pandemic the charity managed to support more new families whilst launching four new initiatives, Dads' Club, Me Time, Social Welcare and Yoga.

2020

2021

We took delivery of our fully accessible activity wing, propelling our services to another level. We also received a fabulous brand new minibus from our friends at Bolton At Home and we were given the beautiful gift of a new website for Reuben's birthday from supporters, Digital Sea.

We launched our first of a series of international fundraising challenges with 28 intrepid trekkers taking on Mount Toubkal in Morocco and raising over £33,000 for our cause.

We're busy bees!



2022



Why we're needed

Across the UK, there are three times as many children and young people living with life-limiting conditions than there were 20 years ago and that number could grow by a further 50% over the coming decade.

It is estimated that there are currently around 99,000 seriously ill children living in the UK *

The National Child Mortality Database (NCMD) was notified of 3,470 child deaths in England. between April 2021 and March 2022, 396 more than the previous year **

Sources:

*Together For Short Lives Impact Report 2021-22

** NCMD Child Death Review Data Release 2022



IONA'S REUBOW by Julie Hesmondhalgh



Julie, our patron

When I think of you, it's summer
Born, plump as a bee, under
Reu-blue mellow September skies
Where dandelion clocks float like sighs...
You are ladybirds, you are butterflies
You are ladybirds and butterflies.

You are lollipops
You are ice cream chops
Holiday tan line, curly wet mop
Cool
Pools
Water rings
Brotherly love and cheesy grins

You are tent adventures, ocean cruise liners,
You are passports, shorts and crocs
You are bright early morning, sausage adoring,
A mouthful of peas and spiderman socks
A mouthful of peas and spiderman socks

You are fit to burst
With insatiable thirst
For this world and all its pleasures

You are your family's joy and pride
You're that perfect day at a distant seaside
You're a newly formed rockpool at low tide
You are full of sparkling treasures
You are full of sparkling treasures

It's so easy to talk of the sunny days
Less so, of the clouds that descend,
Of the dark days of loss and sadness and pain
Of blackening skies and pouring rain
Of a tearstorm of "miss" that never ends
Of a tearstorm of "miss" that never ends

But if you are a ball of burning light
Like the late summer sun, so low,
Then the storm clouds, though unwelcome,
Are what we need to make a rainbow.

So spread your multicoloured band
Over our winter threatened land
The Reu-bow you send like a birthday treat
Will be the symbol of your Retreat
Will be the symbol of your Retreat.

Like the hungry hum of the bumblebee
Like the pull of the moon as it talks to the sea
Like the seasons and their certainty
Like the joy of sausage and mash for tea
Like the roots that enable the beautiful tree
Like the kindness of strangers, unexpectedly,
Like the luckiness of number 23
Like the constant love of your family
Like the passion of this community
Some things, Reu, are meant to be
Some things, Reu, are meant to be.

Our superhero, Reuben Graham,
Gave us 23 months of earthly heaven
Now fly, little butterfly, we set you free
Our life's work is your legacy
Our life's work is your legacy
Lovely Reuben, do you see?
Reuben's Retreat is meant to be
Reuben's Retreat is your legacy



Our year in numbers

We've touched the lives of **1385** beneficiaries to date.

31% of these were bereaved families

69% of these were families with complexly poorly children

We provided **5258** hours of support

With a dedicated family support team of 5 people (1 x full-time, 4 x part-time)



A large proportion of our work is based in the North West however our reach across the UK includes the following counties:

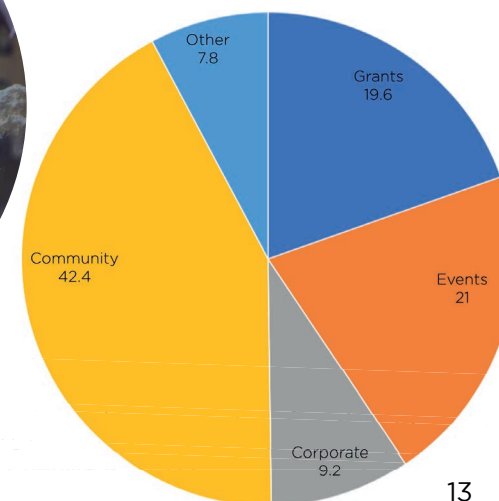
Our reach



Derbyshire, Greater Manchester, Cheshire East, West Midlands, Wiltshire, East Yorkshire, Cheshire, South Yorkshire, Caerphilly, Lancashire, Worcestershire, Lincolnshire, Somerset, Bedfordshire, Merseyside.

This year, our amazing supporters helped us raise **£807,351**

Here's how...



Our work

Our activity wing entered its second year of operation, now finely tuned to deliver a wealth of memory making experiences to our families. From 'Splish, Splash and Bubble' swims to 'Sensational Sensory Sessions' and 'Magic at the Movies' our wing has been filled with the sound of laughter and joy and has provided us with the means of facilitating most of our work here, 'in-house', at our beautiful sanctuary and forever home in Glossop.

With recent studies highlighting the impact of social isolation on siblings of complexly poorly children, we responded by initiating a brand-new offering called 'OuRR Hub' which delivered a programme designed by an accredited psychotherapist to help the children navigate their own feelings and responses to anticipatory grief in a subtle, gentle and nurturing environment.

Sadly, we are seeing an increase in the number of referrals from families whose child has died by suicide. We recognised that for their unique grief and situation, our existing peer support groups did not necessarily provide a format in which they could be fully transparent and honest. This was because of a desire to protect other parents from being exposed to further vicarious trauma. We responded in creating 'Patchwork' which is a group solely for those parents whose children have died by suicide. The group meets quarterly and is facilitated by a qualified psychological therapist with vast experience in this particular field.

This year we also recruited two new family support champions to help deliver our special work; one to our work with families of complexly poorly children and one to our work with families bereaved of a child.

New for 2022...
OuRR Hub (featuring The Worry Wizard programme)
The aRRt Room
Patchwork
Puppetry Workshops



1037 hours of
 splishy, splashy fun
 in our hydrotherapy
 pool



462 individual support
 hours of counselling



523 hours of
 therapy days
 for families with
 complexly poorly
 children



519 hours of peer
 support groups for
 parents of child loss



675 hours of
 bespoke events and
 seasonal parties
 for families with
 complexly poorly



Un-bee-lieveable!

You're telling bee!





Some of our fundraising superstars



The fundraising landscape changed for the better this year with community groups and events being well attended and face to face initiatives bouncing back. We were able to relaunch popular fundraising challenges with fantastic attendance at The Manchester 10k & the infamous Tough Mudder. Our Reuball was bigger and better than ever before, returning to the original date in July but in a far bigger venue in Bolton.

We launched our first international challenge which saw 28 fabulous fundraisers take on Mount Toubkal in Morocco raising over £33,000 for our beautiful work whilst ticking off a bucket list adventure.

We are forever grateful to all those kind hearts and generous souls who put the FUN into FUNdraising!

Here's a snapshot!



16



Thank you for supporting beautiful work like this...



17

Our forever home and raising to renovate!



Phase 1 ✓
Complete renovation, extension and refurbishment of 'The Lodge at Reuben's'

Phase 2 ✓
Landscaping and creating reflection areas around the Lodge.

Phase 3 ✓
Main building; new roof system, pointing, asbestos removal and strip out for phases 4-6

Phase 4 ✓
Hydrotherapy pool and track & hoisted changing suites

Phase 5 ✓
Sensory, movie, play and multi-functional spaces

Phase 6 ✓
Welcome reception, offices and accessible track & hoisted toilet facilities

Phase 7
External hub and outdoor spaces for beneficiary engagement including catering

Phase 8
Two upstairs suites for Reuben's Retreat family breaks

Phase 9
Two fully accessible track & hoisted self-catering suites for Reuben's Retreat family breaks

Phase 10
Landscaping our remaining gardens including sensory and memorial spaces for families



The 10 phase renovation plan

Reuben's Retreat became the official owners of Wood's Hospital' on 23rd April 2014. A beautiful (but dilapidated) building set in the stunning Derbyshire countryside.

The site covers 1.63 acres and is comprised of the main building (which was the hospital) plus an old groundskeeper's lodge and a series of small outbuildings. The renovations required to make the site fit for purpose are extensive but incredibly worthy, as they will create a facility that is able to support individuals and families for generations to come.

We split the necessary building works into 10 Phases, which would allow us to tackle them as and when funds allow, and cause minimal disruption to functioning areas.

Our Retreat is a countryside haven set amongst the rolling hills near to Glossop in Derbyshire. The building looks over the beautiful historic Howard Park with magnificent views of the hilly landscape.

The location of our forever home is ideal, thanks to its close proximity to the county's borders with Cheshire, Greater Manchester, South Yorkshire and West Yorkshire.

The location hosts a good range of activities for our families depending on their needs. There are plenty of beautiful walking trails and hikes, wonderful restaurants, exciting wildlife and relaxing reservoirs nearby.

Since the start of our charity, 38% of income has been spent on property & refurbishment costs



TESTIMONIALS

Feedback from our beneficiary families helps us to evolve and shape what we do. Here are just a few wonderful examples.....



"Thank you so much for everything - we all now feel fully recharged and raring to go! Everyone has been so brilliant and helpful and we really appreciate everything that you all have done for us.

We have all loved it so much, thanks so much for everything - the kindness and compassion is woven into the very fabric of Reuben's, we love it, thank you."



"Elizabeth had a fantastic time during her water session at Reuben's Retreat.

The team went the extra mile as always in accommodating Elizabeth's needs."

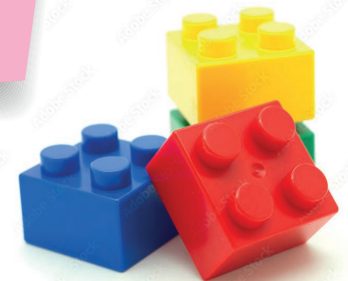
"You guys do such an amazing job and it is very much appreciated. I just about held it together this afternoon, though you nearly got me with the kind gift & flowers.

The swim session was the perfect, just what we needed. Thank you for being so thoughtful, Reuben's Retreat truly is a beacon of light in the darkness."



"Thank you for the lovely and amazing break you provided for us - we have had such a relaxing battery charging time. Kallum had a ball in the sensory room and swimming, also a massive thanks for our time at Pony Patch. The apartment was so comfy and relaxing, nice full English cooked Sunday.

Thank you Nicola & staff, you are brill. P.S. Had a few chats with Reuben the lovely pic on the fridge magnet especially how amazing his family are. Thanks again."



Three cheers... for our REUBENeers

Our army of
compassionate
hearts

Phil Minibus Driver

Our 'Reubus' is a vital addition to our 'team' and allows families who would usually be unable to access our on-site support the ability to do so. Again, we rely solely on the generosity of our driver volunteers to facilitate this service. Our minibus is used by families of complexly poorly children to access the hydrotherapy pool and other therapeutic offerings and by families bereaved of a child who may live slightly further afield and do not have the necessary transport to get to us. Without this support, some families would simply not be able to access all that Reuben's Retreat offers.

This year, we were
fortunate enough to have:

120 fantastic volunteers 2,500
hours gifted to us

Carole Administrator

When Carole approached us to offer a day a week of administrative support to our Family Support Team, we couldn't quite believe our luck! Quite often our volunteers come forward as they want to work with our families first-hand - they feel the instant reward from sharing in special moments with them. In Carole, we found somebody who didn't necessarily want that but wanted to feel she added value to the 'behind the scenes' - where the magic making happens. In assisting with administrative duties, Carole has gifted the Family Support Team precious time to create and deliver our unique and special work.

Reuben's Retreat
is lucky enough to be
supported by many talented
and amazing volunteers.

They gift us their precious time, skills
and expertise and as we regularly
declare loudly and proudly, we simply
wouldn't be where we are today
without them.





COLLABORATION

At Reuben's Retreat, we greatly value our relationships with our external partners and professionals.

The impact of our professional partnerships with other charities and organisations enables the family team to dovetail their work in an informed, meaningful way that best serves our families and ensures robust referral processes which form and shape an excellent bespoke package of support.

Thank you to all who have helped us to expand our services during this time.

Bluebell Wood Children's Hospice
Derian House Children's Hospice
Forget Me Not Children's Hospice
Calmstone
Royal Manchester Children's Hospital
ISCAN Team Tameside
The Joshua Tree
Oldham Children's Long Term Ventilation Team
Oldham Home Ventilation and Complex Needs Team
Rainbow Trust
Sebastian's Action Trust
Swanbourne Gardens
Tameside and Glossop CCG

The Worry Wizard
The NHS
Together for Short Lives
Young Lives vs Cancer
Greater Manchester Palliative Teams
Northern Care Alliance
SWAN Bereavement Team
Helen Newman
Susan Roberts
Music in Hospitals and Care
Inspiring Animal Therapy
Home Safari: Animal Assisted Therapy
Louby Lou Children's Entertainer



Just a few of OUR SUPPORTERS

We are forever grateful to all who support us and please know that we hold you all in our hearts. We would like to extend a special **Thank You** to the below supporters for their help this year.

Assetz Finance
Azets Accountants
Bertelli PR Specialists
Bolton At Home
Bromleys Solicitors
Building Projects Group
CTS
Capstone Finance
Celebrity Cruises
Cruise Club UK
Cundall Engineering
Day Architectural
Digital Sea
MSC Cruises
Kellogg UK
Flair Rugs
Potter Rees Dolan
Staples UK
Sunflower Childcare Group

TIPTO
Travel Counsellors
Vertical Solutions



We've supported Reuben's Retreat for over 10 years now holding small prize raffles at our Travel Trade roadshows and events. We love working with RR and we pay a yearly visit to the retreat where we can see the difference that our donations make, no matter how small they are, and we receive great support back with the team attending our events when they can to spread their message. Anyone who meets Nicola, Stacey and the wider team cannot fail to be blown away by the heart and passion they put into RR to help other families. A charity with a truly big heart.

Lorna Wills-Edwards, TIPTO and Spirit Marketing & Events

*Thank you
for all that
you do...*

Part 2: Financials

Legal and Administrative Information

Trustees

Mr A Moss
Mr R Barnes
Ms S Hurst
Miss K Seth
Mrs T Brooks
Mrs E Hale
Mr R Bradley
Mr M Graham (Resigned 9th March 2022)

Chief Executive

Mrs N Graham

Charity Number

Charity number 1150436

Company Number

Company number 08292532

Registered Office

Suite 4, St Michaels Court, Stamford Street Central
Ashton-under-Lyne, OL6 6XN

Head Office

The Lodge, Reuben's Retreat, Park Crescent
Glossop, SK13 7BQ

Auditors

Azets Audit Services, Alpha House, 4 Greek Street
Stockport, Cheshire, SK3 8AB

Structure, governance and management

The Charity is a limited company by guarantee and was incorporated on 13 November 2012.

The Charity was registered with the Charity Commission on 10 January 2013.

The Charity is governed by its Memorandum and Articles Of Association dated 13 November 2012

The Trustees who are also the directors for the purpose of company law, and who served during the year and up to date signature of the financial statements are listed above.

None of the trustees and directors has any beneficial interest in the company. All of the trustees and directors are members of the company and guarantee to contribute £1 in the event of winding up.

Details of method of appointment and training of trustees

The board of trustees will circulate that the Charity is looking for new trustees. Individuals are invited to apply and following a comprehensive interview process, the board of trustees will approve the appointment of the new trustees. All new trustees receive a training pack and are supported by the existing trustees.

Reserves Policy

It is the policy of the Charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The Trustees and directors considers that reserves at this level will ensure that, in the event of a significant drop in funding, the will be able to continue the Charity's current activities while consideration is given to ways in which additional funds may be raised. This level or reserves has been maintained throughout the year. The Trustees and directors has assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Statement of Trustee's responsibility

The Trustees and directors, who are also the directors of Reuben's Retreat Limited for the our purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards

(United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees and directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements. The Trustees and directors are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees and directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Azets Audit Services were re-appointed as auditor to the company and a resolution proposing that they be re-appointed will be put at a General Meeting

Disclosure of information to auditor

Each of the Trustees and directors has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that the have taken appropriate steps to identify such relevant information and to establish that the auditor is aware or such information.

The Trustees' report was approved by the Board of Trustees And Directors


.....
Mr A MOSS
Treasurer

23/08/2023.....
Dated

Independent Auditor's Report

Opinion

We have audited the financial statements of Reuben's Retreat Limited (the 'Charity') for the year ended 30 November 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 November 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees and directors with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees and directors are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees and directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Trustees and directors

As explained more fully in the statement of Trustees' responsibilities, the Trustees and directors, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees and directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees and directors are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees and directors either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;

- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

Independent Auditor's Report

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose, of the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a bod, for our audit work. for this report, or for the opinions we have formed.

Jonathan Ward

Jonathan Ward (Senior Statutory Auditor)
For and on behalf of Azets Audit Services

Chartered Accountants
Statutory Auditor
Alpha House
4 Greek Street
Stockport
Cheshire
SK3 8AB

29 / 8 / 2023.

Statement of Financial Activities including Income and Expenditure Account

Current financial year									
	Unrestricted funds	Designated funds	Restricted funds	Total	Unrestricted funds	Endowment funds designated	Restricted funds	Total	
Notes	2022 £	2022 £	2022 £	2022 £	2021 £	2021 £	2021 £	2021 £	
Income from:									
Donations and legacies	4	706,647	-	95,940	802,587	519,961	-	136,920	656,881
Other trading activities	3	3,381	-	-	3,381	2,595	-	-	2,595
Investments	5	1,383	-	-	1,383	1,849	-	-	1,849
Total income		711,411	-	95,940	807,351	524,405	-	136,920	661,325
Expenditure on:									
Raising funds									
Costs of generating donations	6	85,711	-	-	85,711	63,434	-	-	63,434
Trading costs	6	3,408	-	-	3,408	3,299	-	-	3,299
Charitable activities	7	303,067	-	-	303,067	316,310	-	2,380	318,690
Total resources expended		392,186	-	-	392,186	383,043	-	2,380	385,423
Net incoming resources before transfers		319,225	-	95,940	415,165	141,362	-	134,540	275,902
Net incoming resources before transfers		319,225	-	95,940	415,165	141,362	-	134,540	275,902
Gross transfers between funds		187,399	(103,816)	(83,583)	-	(263,217)	431,000	(167,783)	-
Net income for the year/ Net movement in funds		506,624	(103,816)	12,357	415,165	(121,855)	431,000	(33,243)	275,902
Fund balances at 1 December 2021		1,959,253	751,000	25,239	2,735,492	2,081,108	320,000	58,482	2,459,590
Fund balances at 30 November 2022		2,465,877	647,184	37,596	3,150,657	1,959,253	751,000	25,239	2,735,492

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Balance Sheet As at 30th November 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	12	2,032,165		1,857,931	
Current assets					
Stocks	13	15,100		15,865	
Debtors	14	9,767		11,594	
Cash at bank and in hand		1,199,492		861,085	
		<u>1,224,359</u>		<u>888,544</u>	
Creditors: amounts falling due within one year	15	<u>(105,867)</u>		<u>(10,983)</u>	
Net current assets		1,118,492		877,561	
Total assets less current liabilities		<u>3,150,657</u>		<u>2,735,492</u>	
Income funds					
Restricted funds	17	37,596		25,239	
Designated funds		647,184		751,000	
Unrestricted funds		2,465,877		1,959,253	
		<u>3,150,657</u>		<u>2,735,492</u>	

The financial statements were approved by the Trustees And Directors on 23/08/2022

Robert Barnes

Mr R Barnes
Trustee

Company Registration No. 08292532

Statement of Cash Flows As at 30th November 2022

	Notes	2022 £	£	2021 £	£
Cash flows from operating activities					
Cash generated from operations	20	518,816		285,270	
Investing activities					
Purchase of tangible fixed assets		(181,792)		(18,654)	
Investment income received		1,383		1,849	
Net cash used in investing activities		<u>(180,409)</u>		<u>(16,805)</u>	
Net cash used in financing activities		<u>-</u>		<u>-</u>	
Net increase in cash and cash equivalents		338,407		268,465	
Cash and cash equivalents at beginning of year		861,085		592,620	
Cash and cash equivalents at end of year		<u>1,199,492</u>		<u>861,085</u>	

Notes to the financial statements As at 30th November 2022

1. Accounting policies

Charity information

Reuben's Retreat Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 4 St Michael's Court, St Michael's Square, Stamford Street Central, Ashton Under Lyne, Lancashire, OL6 6XN.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest f.

The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees and directors in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used.

The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants, whether capital or revenue in nature, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Grant income will be deferred if received in advance of meeting performance conditions or if the donor specifically states that the income must be spent in a future accounting period.

Income from government grants relating to the Job Retention Scheme are recognised for the salary period they relate to.

Income relating to events is recognised in the period in which the event occurs.

Notes to the financial statements As at 30th November 2022

1 Accounting policies (Continued)

Income from other trading activities includes income earned from both trading activities to raise funds for the charity and income from advertising and facilities hire. To fall within this analysis heading, the income must be received in exchange for supplying goods and services in order to raise funds for the charity.

Deferred income consists of cash received by the charity, where the income recognition criteria has not been met because entitlement to the income does not exist at the balance sheet date. Deferred income is not recognised in the SOFA until the charity is entitled to the income. Instead, deferred income is disclosed as a liability in the balance sheet.

1.5 Expenditure

Resources expended are included in the statement of financial activities on an accruals basis.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories in the Statement of Financial Activities (SOFA) on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly whilst others are apportioned on an appropriate basis.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Main Building Renovations - Depreciation will be provided once the building renovations are completed.

Computers - 20% Straight Line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

Land and buildings at the Glossop site are only depreciated upon phase completion.

Notes to the financial statements As at 30th November 2022

1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Notes to the financial statements As at 30th November 2022

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at mortised cost, using the effective interest rate method. Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at mortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees and directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are deemed to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Notes to the financial statements As at 30th November 2022

3 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Merchandise sales	3,169	2,399
Facilities hire	212	196
Other trading activities	3,381	2,595

4 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2022 £	2022 £	2022 £	2021 £
Donations and gifts	476,774	-	476,774	366,399
Events	104,595	-	104,595	84,687
Grants	62,678	95,940	158,618	165,424
Corporate funding	62,600	-	62,600	40,371
	706,647	95,940	802,587	656,881
For the year ended 30 November 2021	519,961	136,920	656,881	

5 Investments

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Interest receivable	1,383	1,849

6 Raising funds

	Unrestricted funds	Unrestricted funds
	2022 £	2021 £
Costs of generating donations	6,994	3,857
Costs of generating voluntary income	25,532	10,779
Other fundraising costs	53,185	48,798
Staff costs	85,711	63,434
Costs of generating donations	85,711	63,434
Trading costs	3,408	3,299
Trading activities	89,119	66,733

Notes to the financial statements As at 30th November 2022

7 Charitable activities

	The Retreat 2022 £	The Retreat 2021 £
Staff costs	155,773	189,840
Depreciation and impairment	7,558	7,447
Counselling and support services	12,556	20,778
Minibus	18,988	16,700
	194,875	234,765
Share of support costs (see note 9)	94,468	72,130
Share of governance costs (see note 9)	13,724	11,795
	303,067	318,690
Analysis by fund		
Unrestricted funds	303,067	316,310
Restricted funds	-	2,380
For the year ended 30 November 2021		
Unrestricted funds	316,310	
Restricted funds	2,380	
	318,690	

8 Description of charitable activities

The Retreat

- Emotional and practical support, counselling, holistic therapies and well-being activities for children with medical complexities and for their families
- Emotional and practical support, counselling, holistic and well-being therapies for families bereaved of a child
- Respite breaks for children with medical complexities and for their families
- Respite breaks for bereaved families
- 1,385 unique individuals (children and adults) have been supported to date

Notes to the financial statements
As at 30th November 2022

9 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Staff costs	10,340	-	10,340	18,960	18,960
Repairs and maintenance	3,439	-	3,439	926	926
Other administrative expenses	21,701	-	21,701	13,084	13,084
Insurance	9,611	-	9,611	9,408	9,408
Property running costs	51,938	-	51,938	29,920	29,920
Bad debt provision	(2,561)	-	(2,561)	(168)	(168)
Audit fees	-	6,719	6,719	-	4,500
Legal and professional	-	7,005	7,005	-	7,295
	<u>94,468</u>	<u>13,724</u>	<u>108,192</u>	<u>72,130</u>	<u>83,925</u>
Analysed between Charitable activities	<u>94,468</u>	<u>13,724</u>	<u>108,192</u>	<u>72,130</u>	<u>83,925</u>

Governance costs includes payments to the auditors of £6,719 (2021 - £4,500) for audit fees.

10 Trustees And Directors

None of the Trustees received any remuneration during the year, and no expenses were reimbursed.

11 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Chief Executive	1	1
Office & support staff (full and part time)	9	10
Total	<u>10</u>	<u>11</u>
Employment costs	2022 £	2021 £
Wages and salaries	203,511	233,750
Social security costs	11,748	19,181
Other pension costs	4,039	4,667
	<u>219,298</u>	<u>257,598</u>

Notes to the financial statements
As at 30th November 2022

12 Tangible fixed assets

	Main Building Renovations £	Computers £	Total £
Cost			
At 1 December 2021	1,899,534	2,345	1,901,879
Additions	181,792	-	181,792
At 30 November 2022	<u>2,081,326</u>	<u>2,345</u>	<u>2,083,671</u>
Depreciation and impairment			
At 1 December 2021	42,620	1,328	43,948
Depreciation charged in the year	7,220	338	7,558
At 30 November 2022	<u>49,840</u>	<u>1,666</u>	<u>51,506</u>
Carrying amount			
At 30 November 2022	<u>2,031,486</u>	<u>679</u>	<u>2,032,165</u>
At 30 November 2021	<u>1,856,914</u>	<u>1,017</u>	<u>1,857,931</u>

13 Stocks

	2022 £	2021 £
Goods for resale	<u>15,100</u>	<u>15,865</u>

14 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	649	500
Prepayments and accrued income	9,118	11,094
	<u>9,767</u>	<u>11,594</u>

Notes to the financial statements As at 30th November 2022

15 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	6,163	-
Trade creditors	3,747	4,171
Accruals and deferred income	95,957	6,812
	<u>105,867</u>	<u>10,983</u>

16 Retirement benefit schemes

Defined contribution schemes

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to income and expenditure in respect of defined contribution schemes was £4,039 (2021 - £4,667).

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		
	Balance at 1 December 2021	Incoming resources	Resources expended
	£	£	£
Support Services	15,055	95,940	(80,004)
Equipment and resources	10,184	-	(3,579)
	<u>25,239</u>	<u>95,940</u>	<u>(83,583)</u>
			<u>37,596</u>

Restricted funds relate to donations and grants received for the below purposes: -

Phase expenditure

Income to fund the construction and refurbishment of the retreat in Glossop.

Support services

Income to fund counselling, family breaks and group sessions.

Equipment and resources

Income to fund equipment and facilities to be used in the retreat.

Notes to the financial statements As at 30th November 2022

18 Analysis of net assets between funds

	Unrestricted funds 2022 £	Designated funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Designated funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 November 2022 are represented by:								
Tangible assets	2,032,165	-	-	2,032,165	1,857,931	-	-	1,857,931
Current assets/(liabilities)	433,712	647,184	37,596	1,118,492	101,322	751,000	25,239	877,561
	<u>2,465,877</u>	<u>647,184</u>	<u>37,596</u>	<u>3,150,657</u>	<u>1,959,253</u>	<u>751,000</u>	<u>25,239</u>	<u>2,735,492</u>

The Unrestricted Fund represents those funds which the Trustees are free to use in accordance with the charitable objects.

The Restricted Fund represents those funds which are restricted in use by the Charity. The funds represent donations and grants received for specific expenditure, which has not been utilised prior to the period-end.

The Designated Fund represents those funds "ring fenced" by the trustees for project expenditure at the Glossop retreat site and covering between three and six months of operating costs.

19 Related party transactions

Remuneration was paid to the following employee and spouse of a former Trustee:

Mrs Nicola Graham - Founder and Chief Executive - £33,000 (2021 - £29,938).

The salary paid to Nicola Graham is considerably below what would be considered as market rate (the median salary in 2022 was £56,000, unchanged from £56,000 in 2020) for Nicola's invaluable position within the charity.

20 Cash generated from operations

	2022 £	2021 £
Surplus for the year	415,165	275,902
Adjustments for:		
Investment income recognised in statement of financial activities	(1,383)	(1,849)
Depreciation and impairment of tangible fixed assets	7,558	7,447
Movements in working capital:		
Decrease in stocks	765	3,222
Decrease in debtors	1,827	8,463
Increase/(decrease) in creditors	94,884	(7,915)
Cash generated from operations	<u>518,816</u>	<u>285,270</u>

21 Analysis of changes in net funds

The Charity had no debt during the year.

Thank you for being part of #reubensjourney

Since our 2012 launch 38% of our fundraised income has been spent on our ambitious 10 phase £multi-million-pound renovation plan. We have now completed 6 phases and in 2021 completed and opened our activity wing including hydro and sensory.

The more we raise the more we renovate, and the more families we are able to reach.

Eventually our vision will be complete and house 4 self-catering suites for families to holiday here.

To date and despite our Retreat not being finished, we have supported over 1600 individuals UK wide.



@reubensretreat
www.reubensretreat.org

